





### **Physical Efficiency Test (PET) & Physical Standard Test (PST)**

Candidates who qualify for the CBT must pass the **Physical Efficiency Test (PET) & Physical Standard Test (PST)**.

#### **PET Requirements**

<b>Category</b>	<b>Race (Male)</b>	<b>Race (Female)</b>
General/OBC/SC	5 Km in 24 minutes	1.6 Km in 8 minutes 30 sec
ST Candidates	1.6 Km in 6 min 30 sec	800m in 4 min

#### **PST Requirements**

##### **Height Requirements**

- Male: 170 cm (General/OBC/SC), 162.5 cm (ST)
- Female: 157 cm (General/OBC/SC), 150 cm (ST)

##### **Chest (For Males Only)**

- General/OBC/SC: 80 cm (85 cm expanded)
- ST: 76 cm (81 cm expanded)

##### **Weight**

- Proportionate to height & age as per medical standards.

##### **Medical Standards**

- **Eyesight:** 6/6 and 6/9 without glasses.
- **Hearing & General Health:** Must be free from chronic diseases.